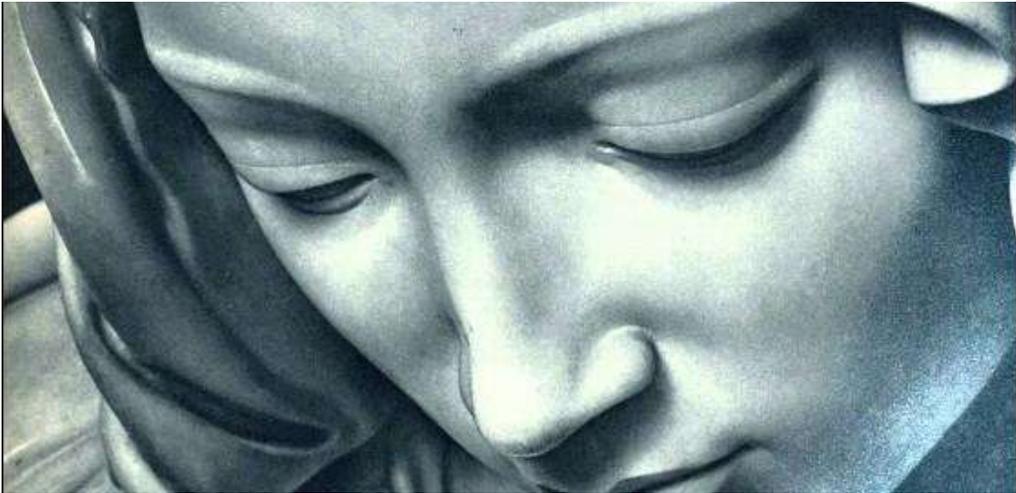


**O Mary,  
we entrust ourselves  
to you,  
Health of the Sick!**



**[Pray online resources](#)**

- The coronavirus pandemic has put our world in check. Perhaps some of us are experiencing uncertainty, worry, anguish and fear.
- The authorities insist on the importance of actively collaborating **by following their instructions to prevent this virus from spreading.**
- **The Bishops Conference of Scotland** have taken the decision that **all public celebrations of the Eucharist are suspended** and all the faithful of our diocese are **exempt from the Sunday provision.**
- **Pope Francis emphasizes the importance of prayer**, recalling how the Apostles turn to Jesus to save them during the storm on Lake Tiberias (Mark 4:35-41).
- **"Prayer helps us understand our vulnerability"**, Pope Francis says.
- **Let us not forget that at home we can pray alone or with the family.** And that we find God also in the people around us. Many people are alone, they will not be able to go out to buy food or medicine and they will also need the comfort of a visit, a phone call.

# Online Mass – Live stream

Click any of the following links

Most of these links offer **recordings** of **daily** Masses  
and some **times for live services**  
(review times in each site)

## [Pope Francis' Masses](#)

### **Scotland – UK – Abroad**

[St Andrew's Cathedral](#), Glasgow

[St Mary's Cathedral](#), Aberdeen

[Mass-online.org](#)

[Church Services TV](#)

[Bishops Barron's Chapel](#), L.A.

[Daily TV Mass](#)

[St Michael's Cathedral](#), Toronto

### **Motherwell Diocese**

[St Athanasius](#), Carluke

[St Augustine's](#), Coatbridge

[St Bride's](#), Bothwell

[St Gabriel's](#), Viewpark

[St John the Baptist](#), Uddingston

[St Peter's](#), Hamilton (soon)



# Other resources online offering prayers and devotions

Click any of the following links

## Audios – apps for mobiles also available

(search for them in Play Store or App Store and install them)



### [Pray as you go](#)

Daily 12min reflection on the Readings



### [Sacred Space](#)

Daily reflections on the Readings

*Journey with Jesus: Lent Retreat*



### [Centering Prayer](#)

Platform to support one's daily prayer practice

### [Pray the Rosary](#)

Links to download the Rosary in mp3 (audio) or listen and pray the Rosary online directly from this site.

# More resources online offering prayers and devotions

Click any of the following links

## Videos



### [ISC \(Ignatian Spirituality Centre\) Glasgow](#)

Offers various ways of praying: Lectio, Imaginative contemplation, Examen, etc.



### [St Andrew's Foundation, University of Glasgow](#)

Reflections by Fr Stephen on various topics in our faith – i.e. liturgical times, etc.



### [Catholic Productions](#)

Regular videos on biblical passages by Dr Pitre.



### [Daily Prayers, Taize](#)

Morning and evening prayers – live stream.

# Apps offering prayers and devotions

Click any of the following links to apps

## [Laudate](#)

Daily Mass Readings, Order of Mass, Liturgy of Hours, Chaplet of Divine Mercy, etc.

## [Universalis](#)

Mass Today (combining the Order of Mass with the readings and prayers), etc.

## [Scriptural Rosary](#)

The appropriate mystery is loaded for that particular day when the application launches.

## [Totally Catholic Trivia 2.0](#)

Fun Catholic version of the popular the "Who Wants to be a Millionaire" t.v. game show, but all of the questions are related to the Faith.



# Other useful links with more to read and pray

## [Saint Mary's Press](#)

Online readings, reflections and questions, suitable for young people and children, updated daily.

## [Pathways to God](#)

Including this year's Jesuit online Lent retreat, titled, *Journey Into Freedom*, based on the spiritual exercises of the order's founder, St Ignatius of Loyola. This Lent it is a daily journey through the life of Jesus, praying with scripture.

## [The Corrymeela Community](#)

The Corrymeela Community has produced “prayers for community in a time of a pandemic”.

## [Thinking Faith](#)

Online journal of the Jesuits in Britain with articles and reviews to help think about our faith and think, through our faith, about the world.

## [Word on Fire](#)

Nonprofit global media apostolate that supports the work of Bishop Barron to proclaim the Gospel.

## [Station of the Cross](#)

Nicholas King, S.J.

[Click any of the links on the left](#)

O Mary, you shine continuously  
on our journey as a sign of salvation and hope.  
We entrust ourselves to you, Health of the Sick.  
At the foot of the Cross  
you participated in Jesus' pain, with steadfast faith.  
You, Salvation of the Roman People,  
know what we need.  
We are certain that you will provide, so that,  
as you did at Cana of Galilee,  
joy and feasting might return after this moment of trial.  
Help us, Mother of Divine Love,  
to conform ourselves to the Father's will  
and to do what Jesus tells us:  
He who took our sufferings upon Himself,  
and bore our sorrows to bring us,  
through the Cross, to the joy of the Resurrection. Amen.  
We seek refuge under your protection,  
O Holy Mother of God.  
Do not despise our pleas – we who are put to the test –  
and deliver us from every danger,  
O glorious and blessed Virgin.



**Pope Francis prayer for protection from coronavirus**